



LESSON 6

SHOWING FOOTBALL

OUR UNITED
PLAYBOOK

TEACHING AND LEARNING PLAN

LESSON 6

Showing football

LESSON VENUE

School gym, outdoor playing area or football pitch

LESSON DURATION

60 minutes

STUDENT PRIOR KNOWLEDGE

Students should be able to make a sports activity presentation to the class.

They will need to be aware of behaviours that make a good presentation to an audience such as, positive body language, making eye contact, speaking clearly, and appropriate use of notes.

WALT - WE ARE LEARNING TO...

Run a football activity for others.

WILF - WHAT I'M LOOKING FOR...

- I can apply instructions learnt to show others a football activity.
- I can run a football activity where others can participate.
- I can correct others by showing them how a football drill is performed or game is played.
- I can follow instructions and learn from others.

TIB - THIS IS BECAUSE...

It will increase our class' familiarity with the game of football and provide it with a playing experience that will help it complete its **Our United Playbook** task.

LESSON PREPARATION

Prior to the lesson teachers should organise the following:

- AIA Vitality MiniRoos Fun Cards - copied and available for selection by student groups
- football playing equipment - footballs and cones per group as required for football activity
- senior students or adults to assist with football activities (optional)

- digital camera(s)
- whistles - one per group (optional).

VISUAL RESOURCES AVAILABLE

The visual resource available to teachers for this lesson is:

- [Video 1.1 - This is football](#) (optional).

LESSON DELIVERY

The following provides you with a suggested plan on how to deliver this lesson. You are encouraged to take a flexible approach and modify this lesson and its timings to suit the needs and abilities of your students.

1. Run student football playing presentations (30 minutes)

Before football presentations commence, check that groups have suitably familiarised themselves with their football activity and assigned presentation roles to their team members. The duration of presentations is at your discretion but it is recommended that they are no longer than three minutes.

If students are suitably confident, they can invite members of other groups to be coached by their coaches as part of their presentation.

Throughout this lesson students should be encouraged to take photos of their presentations. Images of students performing football drills and instructing others would be a great addition to the playbook.



Lisa-Marie Woods, Midfielder

TEACHING AND LEARNING PLAN

2. Coaching the class (20 minutes)

After presentations have been completed student groups should take the opportunity to learn from each other. As part of this activity each group should run a short activity session for another group.

Groups should rotate as often as possible during the time allocated.

3. Student reflection (10 minutes).

To conclude the lesson students are given the opportunity to reflect on what they have learnt in the last two classes.

Students should do this by collaborating with their team members. Their reflections should be written or typed into their **Our United Playbook** pages.

In their reflections they should consider the following:

- What football drills did we learn?
- What football activity did we teach others?
- What did we enjoy most about teaching others?
- What did we find most challenging about teaching others?
- Did we work well together? If so what qualities did we show? If not, explain why?
- What can we improve on for next lesson?

To prepare students for the next lesson tell them that they will be making their final preparations for their football event.

They will complete their playbook and rehearse their presentation. They will also get ready to play football and represent their team.

