



# LESSON 8

HOW DID WE GO?

OUR UNITED  
PLAYBOOK

# TEACHING AND LEARNING PLAN

## LESSON 8

How did we go?

## LESSON VENUE

Classroom

## LESSON DURATION

60 minutes

## WALT - WE ARE LEARNING TO...

Reflect on what we learnt in this unit.

## WILF - WHAT I'M LOOKING FOR...

- I can write and talk about how we presented *Our United Playbook*.
- I can write and talk about the food groups on The Australian Guide to Healthy Eating Plate.
- I can write and talk about how we used 'heroes' as models of how we should represent our teams.
- I can write and talk about the football activities we learnt and how we used these activities to teach others.

## TIB - THIS IS BECAUSE...

It will help us to improve the way we present our work our understanding of how to represent others, the value of good nutrition and the game football.

## LESSON PREPARATION

Prior to the lesson teachers should organise the following:

- Activity sheet 8.1 - My reflection - hard copy to each group or interactive pdf version on student computers, laptops or iPads.

## LESSON DELIVERY

The following provides you with a suggested plan on how to deliver this lesson. You are encouraged to take a flexible approach and modify this lesson and its timings to suit the needs and abilities of your students.

### Reflect on final presentations

Distribute Activity sheet 8.1 - My reflection, a copy to each student.

To conclude this unit, students should be provided with an opportunity to reflect on their final presentations and what they have learnt about nutrition and football while working as a team to achieve a common goal.

Students can present as individuals to their own team or as a team to the whole class. They can also film their thoughts and show them to the class, other teachers, friends or parents.

In their reflections they should personalise the following statements:

### The presentation...

- I was pleased with our playbook presentation because...
- The best part of our presentation was...
- The best part of playing football in the tournament was...
- The other members of my team were great because... (students should mention each group member by name)
- Next time I think we can improve our presentation by...

### Nutrition and Football...

- The food groups on The Australian Guide to Healthy Eating Plate are...
- The foods you should eat more of are...
- The foods you should eat less of are...
- We improved the presentation of our football activity by...
- The football skills I was good at were...
- The most enjoyable thing about teaching others to play football was...

### Our inspiration...

- Our football 'hero' was...
- He or she was inspiration because ...
- Our community 'hero' was...
- He or she was inspiration because ...

### Working as a team

- The best thing about working as a team is...
- The positive quality that I brought to my team was...
- I can be a better team member by...

